

HEDIS TIPS: Osteoporosis Management for Fractures

MEASURE DESCRIPTION

The percentage of women 67-85 years of age who suffered a fracture and who had either a bone mineral density (BMD) test or prescription for a drug to treat or prevent osteoporosis in the six months after the fracture.

Exclusions: BMD test during 24 months prior to IESD for fracture. Claim or encounter data for osteoporosis therapy during 12 months prior to IESD. Dispensed prescription or active prescription for osteoporosis during 12 months prior to IESD.

USING CORRECT BILLING CODES

Codes to Identify Ambulatory or Preventative Care Vists	
Description	Codes
Bone Mineral Density Test	CPT: 76977, 77078, 77080-77082 HCPCS: G0130 ICD-9: 88.98
Osteoporosis Therapies	
Description	Prescription
Biphosphonates	• Alendronate • Ibandronate • Alendronate-cholecalciferol • Risedronate • Calcium carbonate-risedronate • Zoledronic acid
Other agents	• Calcitonin • Raloxifene • Denosumab • Teriparatide

HOW TO IMPROVE HEDIS SCORES

- Order a BMD test on all women with a diagnosis of a fracture within six months OR prescribe medication to prevent osteoporosis (e.g., bisphosphonates, estrogens, sex hormone combinations).
- Educate patient on safety and fall prevention.
- Aggressive risk adjustment can overstate osteoporosis by confusing lower Z scores/osteopenia with osteoporosis.